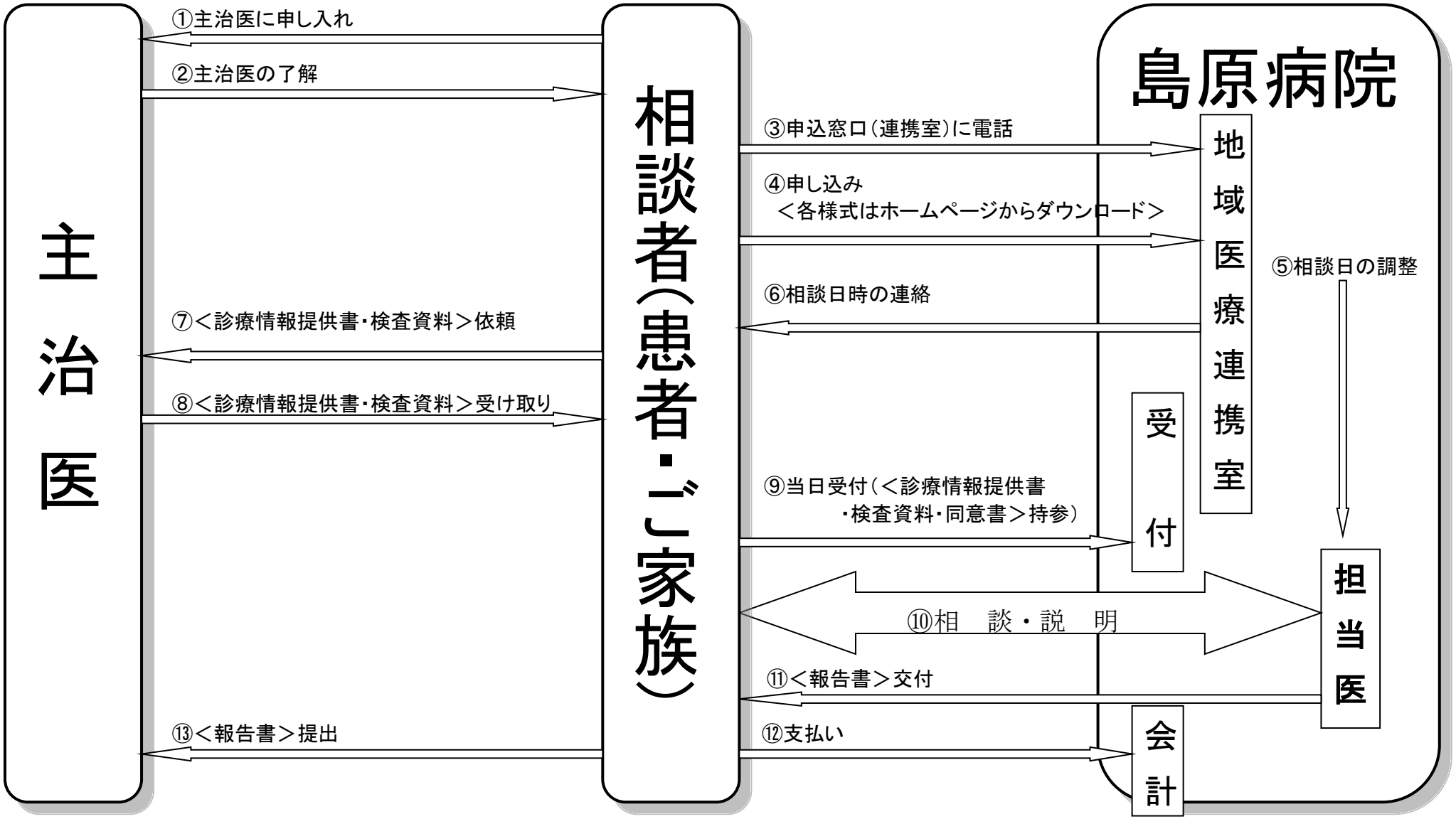長崎県島原病院セカンドオピニオン外来の流れ